

2008

Kevids Friday Group summer season

Hills, but suitable for any ability, Don't be put off give it a try, it can be a lot of fun and make you fitter in the process.

Meeting time for running 6.30pm sharp.

- 1/ Goodwood Racecourse opposite play park. 4th April to 25th April
- 2/ Whiteways Lodge, park short way back down Maidhurst side road.
2nd May to 23rd May.
- 3/ Slindon wood, park by The Oaks Restaurant off A27 towards Arundel
30th May to 20th June.
- 4/ Houghton Hill, small car park left side on the hill before The George
pub. 27th June To 11th July.
- 5/ Whiteways lodge 18th July to 8th August.
- 6/ Slindon Wood, Park by The Oaks Restaurant 15th August to 5th
September.
- 6/ Arundel Park, park by cathedral 12th September 26th September.
- 7/ Arundel Town winter hill running as usual in Arundel bottom car park
opposite castle entrance From 3rd October onwards until the spring.

Monday evenings Chichester

From 31st March to 7th April meeting at Oaklands Park by changing huts

From 14th April to 1st September meeting in Priory Park.

From 8th September to 22nd September meeting in Oaklands Park all at
6.30pm

From 29th September meeting in multi storey car park by Westgate
Centre for the entire winter season.

On some alternate Wednesdays we will be meeting up at Bishop Otter
Track with a small group, ring me first.

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