

# The Trundle Hill Run

From Chichester Runners

[www.chichester-runners.org.uk](http://www.chichester-runners.org.uk)

Wednesday 19<sup>th</sup> May 2010 at 7:30pm

WSFRL race with separate junior mini-run.



Sponsored by those wonderful people at Montezuma's chocolates.

- Venue** Lavant Village Hall, Pook Lane, Lavant. PO18 0AH
- Facilities** Plenty of space for parking and changing  
No showers, limited toilets. Bags left at owners risk
- Course** Off road, a lovely scenic run with just one hill!
- Distance** Approximately 10km
- Prizes** Spot prizes which may be chocolaty!
- Entry Fee** £2.00 for fun run league entries  
£4.00 all other runners.  
£5.00 for all entries on the night  
50p all juniors. Mini-run of approx 1 mile. Start 7:00pm.  
Please, no under 15's running the main race.  
Cheques payable to **Chichester Runners & AC**
- Entries** Please complete the form below and send it to

## The Trundle Hill Run

2 North Road, Bosham, Chichester, West Sussex, PO18 8NL

Entries to arrive by Saturday 15<sup>th</sup> May. Please enclose a 9x6 SAE.

Block entries from WSFRL clubs welcome by e-mail.

First Name	Surname	M/F
Address		
	Post Code	
Telephone number	Running Club	

I declare that I am fit to run and that I enter at my own risk. I will not hold the organisers responsible for any loss or damage to myself or my property which may come about as a result of me participating in this event.

Signed (by Parent or guardian if under 16). Please state if entering the junior race. Date