

Group Risk Assessment



Group Venue and area: Assessed by (leader's name): Date of Assessment:

Task/activity you are assessing?	Hazards which may be present or may be generated?	Who may be harmed by the hazards?	Precautions already in place to either eliminate or reduce the risk of an accident happening?	Additional precautions you may need to either eliminate or reduce the risk?
Group safety before first and every session	Venue /location Ability of participants Participants with known health problems Injury/fitness – prior to session	Group leader Participants	<ul style="list-style-type: none"> • Ensure there is a safe place for belongings and that participants feel safe at the venue • The Run England health disclaimer or organisation's own PARQ should be completed prior to the first session • The leader should retain a copy of the disclaimer/PARQ • The leader should retain contact details and a note of any medical conditions • Refer to GP if at all in doubt • Ensure medication is carried by participants where appropriate 	
General safety on every session	Injury/illness unreported by participant Inappropriate clothing Visibility of group Possible dehydration or low energy Injury and illness during session Footwear Headphones	Group leader Participants	<ul style="list-style-type: none"> • Perform a visual check and health/injury enquiry before every session • Clothing should suit the conditions • Reflective tops should be mandatory • Next of kin contact details should be available • A UKA qualified leader must lead all sessions • New members should be pre-advised regarding water and food • Participants should have been advised to have eaten no more than two hours prior to the session • A clear policy on management of injured or ill runners, as in Run England guidance, is required • First aid must only be given if currently qualified • Advice on footwear can be given by the leader • Headphones should not be worn by runners if the chosen training route will require them to be able to hear oncoming traffic or other pedestrians 	<ul style="list-style-type: none"> • Keep a small stock for new members • Leader to carry: <ul style="list-style-type: none"> • Mobile phone • Water • Sugary snack • Count your group • Encourage a group member or leader to complete First Aid training

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Running routes	<p>Uneven ground, potholes, slippery ground, mud, street furniture, debris, bins or rubbish bags</p> <p>Visibility</p> <p>Ability of the group</p>	<p>Group leader</p> <p>Participants</p>	<ul style="list-style-type: none"> • Course has been checked for suitability within the guidelines advised in UKA Leadership Risk Assessment • Participants forewarned of route obstacles • Routes selected that have good lighting wherever possible • Rural groups must wear lights • Road safety rules must be adhered to • Session kept to appropriate time, as guided by the Run England 10 week beginners course • Intermediate and advanced sessions may be longer • On-going assessment by leader, with adaptation as required • Ability of the slowest/ least able sets the session time 	<ul style="list-style-type: none"> • Pre-check the route close to the day of the session • Always have a contingency plan, as advised in UKA leaders course
Traffic/road crossings	All traffic, including other members of the public, runners, cyclists, crossing traffic	<p>Public</p> <p>Group leader</p> <p>Participants</p>	<ul style="list-style-type: none"> • Use any and all crossings provided as a prudent pedestrian • Cross as a group • Take personal responsibility • Reinforce every week • Respect all other users of the highway • Follow the Highway Code 	<ul style="list-style-type: none"> • Ensure group procedure for regrouping at crossings is reiterated weekly
Weather	Variations in weather making it too cold, wet, hot or slippery	<p>Public</p> <p>Group leader</p>	<ul style="list-style-type: none"> • Weather reports should be checked leading up to and on the day • Runners to be given advice on clothing, fluid intake and sun screen • Cancellation to be considered if ice, snow or lightning are likely • Carefully monitor participants for difficulties 	<ul style="list-style-type: none"> • Abandon run and return to centre if conditions deteriorate

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Animals	Presence of and behaviour of animals and their owners	Group leader Participants	<ul style="list-style-type: none"> • Ensure runners keep aware of and alert to things around them • Be aware of any fears and phobias in your group – and take them seriously • Respect other street users • Follow the Countryside Code when on farmland 	
Members of Public	Getting in way of runners, causing injuries or accidents	Public Group leader Participants	<ul style="list-style-type: none"> • Ensure participants are respectful of other road users • Avoid areas known to be unsuitable. Local knowledge is helpful, listen to people who may be well informed 	
Other hazard(s) (please state)				